

# NSSLHA NEWSLETTER

CALIFORNIA STATE UNIVERSITY, LOS ANGELES



October 22, 2020

## Interesting Facts:

- Approximately 1% of the world population stutters.
- Boys are three to four times more likely to stutter than girls.
- Stuttering is caused by a combination of factors including genetic, environmental, emotional, linguistic and others.
- Stuttering is typically developed between ages 2 and 3.5.
- If a child develops a stutter later than this, they are more likely to continue stuttering into adulthood.
- All cultures have people who stutter, and it has known to be present for at least 40,000 years.
- Resource: [westutter.org](http://westutter.org)

## Myths about Stuttering:

- People stutter because of nervousness.
- Bad parenting can cause stuttering.
- People can break the habit of stuttering if they really want to.
- People who stutter have lower intelligence levels and competence.

**Famous people who stutter:** Ed Sheehan, Emily Blunt, Joe Biden, Shaquille O'Neal, and Samuel L. Jackson

## Facts about Stuttering:

- People who stutter might be nervous while speaking, but this does not cause stuttering.
- A child's stutter is not the parent's fault. Stress in the child's environment can increase the chances of stuttering but it does not cause stuttering.
- Stuttering is considered a neurological condition, so although people can learn to manage their stuttering, it can not be truly cured.
- Stuttering and intelligence have no correlation. There are many successful people who stutter in every field.

## WHAT'S INSIDE THE ISSUE:

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NSSLHA AT CSULA

# PROFESSOR SPOTLIGHT

**John Gomez, M.A. CCC-SLP**

## What inspired you to create your film, *WHEN I STUTTER?*

The inspiration to make *WHEN I STUTTER* came from the realization that there was a shortage of engaging resources on the subject of stuttering. In my heart, I felt that showing the public the true emotional and psychological impact of stuttering would increase awareness and sensitivity toward this hidden disability. Most importantly, I knew that a better understanding of stuttering, by the public, would qualitatively improve the lives of people who stutter.

## What is the main idea you hope viewers take away from this film?

I'm not sure that there is a "main takeaway" because audience members seem to curate their own experience when watching the film. If there is a main point, it would be akin to what the tagline of the film states "These stories will change the way you see stuttering." To that end, *WHEN I STUTTER* has been met with positive feedback from a wide range of audiences. To date, the film has been screened over 130 times worldwide and has been translated into 10 different languages. I keep hearing from audience members how watching the film truly changed their perspective on the subject. I often hear comments like "I had no idea what stutterers go through" or "I didn't know what to do until I saw that section in the film." To me, these comments are absolute gold and they let me know that the main objective of the film is being met.

## Two fun facts about yourself?

I went to elementary school on a Native American reservation in Northern New Mexico. As a kid, I spent a lot of time exploring the wilderness, playing basketball, cross country skiing, and fishing.

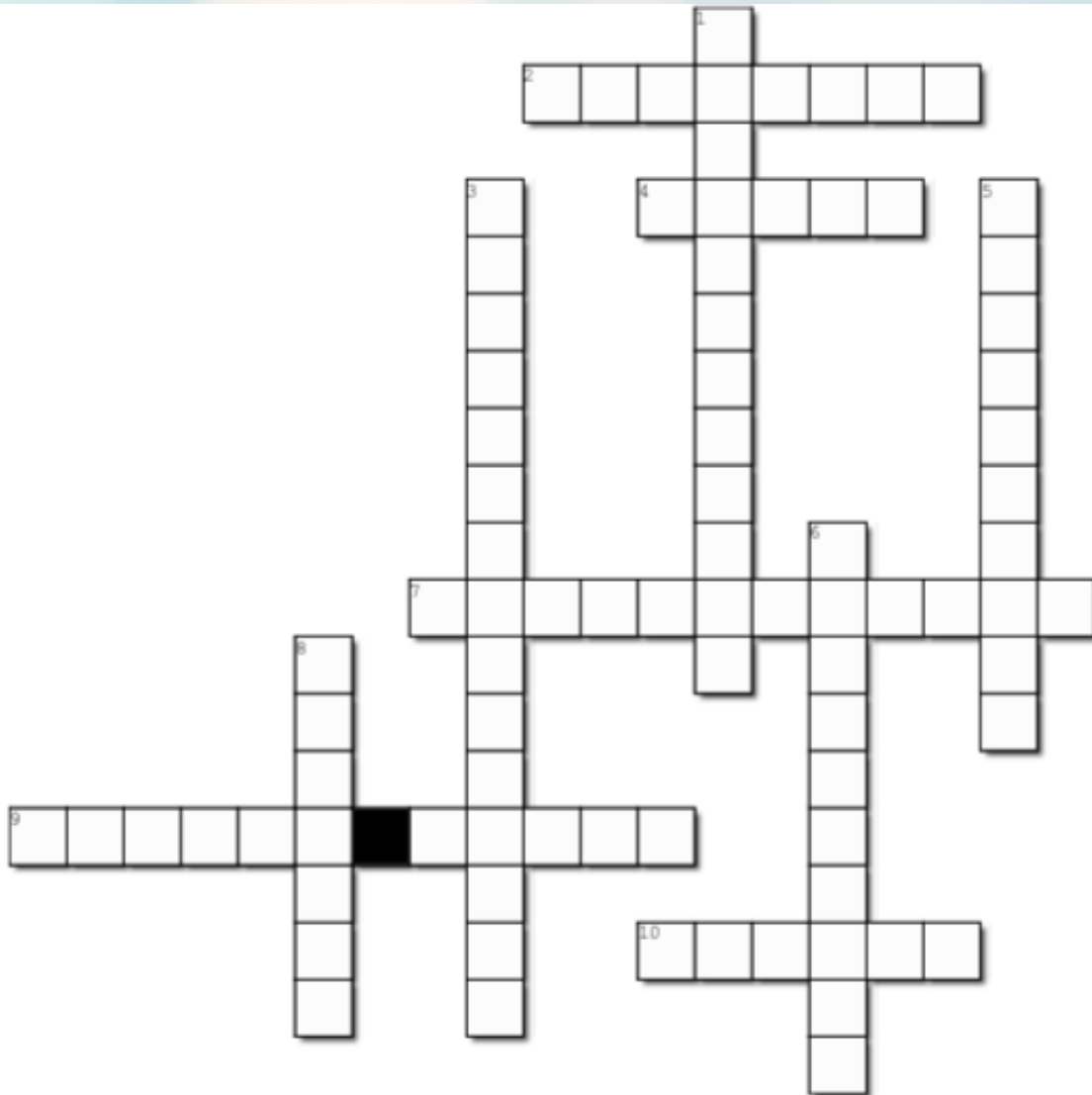
As an undergraduate, I was a triple major in History, Philosophy, and American Ethnic Studies. This particular combination of majors and my insistence on "making it" in the acting profession led me to an illustrious career in carrying luggage and parking cars at hotels for most of my 20's. One day I wised up and enrolled as a post-bac at CSULA- it's the best decision I ever made! (:

## Are there any plans for a second film?

There is a second movie on the way entitled *SHOUT OUT*. This film focuses on a camp for children who stutter in Muskegon Michigan. The goal is to demonstrate how this special place empowers children who stutter and sets them up for communication success. A promotional video piece for that film can be found at [shoutoutdoc.com](http://shoutoutdoc.com). *SHOUT OUT* is expected to debut in 2021. With the pandemic, it could be delayed until 2022.



# Crossword



Created using the Crossword Maker on TheTeachersCorner.net

## Across

2. words or sounds used by someone who stutters to get started speaking when blocked or when anticipating a block
4. a stutter that is an inappropriate stoppage of the flow of air or voice and often the movement of articulators as well
7. similar to a starter, but usually just involves waiting a few beats before saying a feared word
9. language that puts the person before the disability, and describes what a person has, not who a person is
10. a disorder characterized by false starts, hesitations, and revisions that makes the message difficult to understand

## Down

1. a stutter in which sound or air flow continues but movement of the articulators is stopped
3. a person who stutters might use many words where fewer would do, especially in a deliberate attempt to be vague or evasive
5. an interruption of speech—such as a repetition, hesitancy, or prolongation of sound
6. a sound, syllable, or single-syllable word that is repeated several times
8. the effortless flow of speech

SEND YOUR COMPLETED CROSSWORD TO CSULACOMD@GMAIL.COM FOR 5 POINTS!



# *Grad School Application Tips*

## **GET ORGANIZED**

WORK ON YOUR APPLICATIONS A LITTLE EACH DAY TO DECREASE THE STRESS

## **BE REALISTIC**

FINALIZE THE LIST OF PROGRAMS YOU WILL APPLY TO. APPLY TO SCHOOLS YOU BELIEVE YOU HAVE A CHANCE OF GETTING IN TO – INCLUDE SOME REACH SCHOOLS AND “SAFETY” SCHOOLS

**FIND OUT WHICH SCHOOLS REQUIRE THE GRE**  
SOME GRADUATE PROGRAMS HAVE WAIVED THE GRE REQUIREMENT FOR ADMISSION FOR FALL 2021

## **CREATE A SPREADSHEET**

SUMMARIZE INFO ON EACH SCHOOL (DUE DATES, APPLICATION FORMAT, CSDCAS, ONLINE/PAPER APPLICATIONS, CONTACT PERSON, ITEMS REQUESTED, ETC)

## **KEEP A CHECKLIST**

THIS WILL HELP YOU TRACK WHICH ITEMS YOU HAVE AND HAVE NOT YET COMPLETED

## **CONSIDER OTHER EVENTS IN YOUR LIFE**

AS YOU PLAN OUT YOUR TIMELINE FOR COMPLETING THE APPLICATION CONSIDER YOUR JOB, SCHOOL, AND FAMILY OBLIGATIONS



# *Grad School Application Tips Continued*

## **USE RESOURCES AVAILABLE TO YOU**

USE THE WRITING CENTER ON CAMPUS TO HELP YOU WRITE YOUR PERSONAL STATEMENT AND RESUME

## **TAKE TIME TO BREATHE**

REMEMBER WHY YOU LOVE THIS FIELD & DON'T LOSE SIGHT OF WHY YOU ARE APPLYING TO GRAD SCHOOL

## **HAVE TRANSCRIPTS SENT AHEAD OF TIME**

DON'T RISK MISSING THE DEADLINE, SEND THEM AS EARLY AS YOU CAN AND REMEMBER THAT OFFICIAL TRANSCRIPTS REQUESTS NEED TIME TO PROCESS THROUGH THE UNIVERSITY SENDING THEM

## **DELIVER AN ORGANIZED PACKET TO THE RECOMMENDERS**

MOST FACULTY WRITE LETTERS FOR MANY STUDENTS, SO GET YOUR MATERIALS TO THEM AT LEAST 4-6 WEEKS BEFORE YOU NEED THE LETTERS SENT OUT

## **SEND REMINDERS**

CHECK IN WITH YOUR FACULTY MEMBER 10-14 DAYS BEFORE YOU NEED THE LETTERS TO ARRIVE, TO HELP ENSURE THAT LETTERS ARE SENT

## **CALL EACH SCHOOL**

REACH OUT TO THE PROGRAM YOU ARE APPLYING TO TO ENSURE THAT YOUR APPLICATION IS COMPLETE AND YOUR PAPERWORK HAS ARRIVED



# Announcements

**PEER MENTORING: MON-THURS 3P-5P**  
**SPANISH SLP: MONDAYS 4-5P**

[HTTPS://ZOOM.US/J/92914380702?](https://zoom.us/j/92914380702?pwd=AU5PWHAVV0K5SKJOC3RBR3BVTLJDDZ09)  
[PWD=AU5PWHAVV0K5SKJOC3RBR3BVTLJDDZ09](https://zoom.us/j/92914380702?pwd=AU5PWHAVV0K5SKJOC3RBR3BVTLJDDZ09)

**GRAD SCHOOL APPLICATION WORKSHOP: FRIDAY, OCT. 16TH 1:00P-2:30P**

THIS IS FOR CAL STATE LA STUDENTS (UNDERGRADS AND CERTIFICATE STUDENTS) WHO ARE INTERESTED IN APPLYING TO THE MA PROGRAM IN SPEECH-LANGUAGE PATHOLOGY. WE WILL REVIEW THE APPLICATION PROCESS, PROVIDE DATA REGARDING CHANCES OF BEING ADMITTED, AND PROVIDE HELPFUL HINTS REGARDING THE APPLICATION PROCESS.

THE ZOOM LINK IS ON THE NSSLHA CANVAS PAGE

## **COMD BOOK CLUB**

HOSTED BY ALENA KATS AND MICHELLE ROZO

6:30PM ON THURSDAY, NOVEMBER 12TH

**CURRENTLY READING:**  
**OVER MY HEAD BY CLAUDIA L. OSBORN**

EMAIL [COMDBOOKCLUB@GMAIL.COM](mailto:COMDBOOKCLUB@GMAIL.COM) FOR MORE INFORMATION OR TO JOIN



CSULA NSSLHA PRESENTS

20  
20



# PAVING THE WAY FOR PEOPLE OF COLOR SYMPOSIUM

NOVEMBER 6TH & 13TH  
3-6 PM

## PRESENTERS:

- TIFFANY CHEN
- INGRID DESORMES
- IVAN CAMPOS
- DR. MEGAN BRETTE- HAMILTON
- DR. BEATRIZ BARRAGAN

ZOOM LINK WILL BE POSTED ON CSULA NSSLHA CANVAS PAGE



# NSSLHA POINTS

The official breakdown of where to get your NSSLHA points in 2020



Color/Label	5 pts
Movie Review: When I stutter	20 pts
Youtube mini series	5 pts/ discussion post
COMD Mondays	5 pts (20 pts max.)
Regular NSSLHA Meeting	25 pts
NSSLHA Crossword	5 pts
Grad Application Workshop	20 pts
Annual COMD Symposium	6 pts/ speaker
Peer Mentoring	2 pts/hour
Volunteering	Varies

## REMEMBER:

To receive NSSLHA cords for graduation, NSSLHA members need to earn 75 points for two consecutive semesters.

To receive points for completing your crossword, you must email it to [csulacomd@gmail.com](mailto:csulacomd@gmail.com)

Want to check your current totals?  
Reach out to us at  
[csulacomd@gmail.com](mailto:csulacomd@gmail.com)