

# MARCH NEWSLETTER

## March Forward

Hi everyone, we are now halfway through the Spring semester!

In this newsletter, we are celebrating the International Day of Multilingualism, World Down Syndrome Day, and Brain Injury Awareness Month. For this month, we had the honor of interviewing Dr. Simon-Cereijido, check it out on page 2!

This month we have a SLPA panel, COMD Research Day, and PCLA 5K, among many other events in store. Check out the calendar on page 7 for a comprehensive list of events and dates.

Thanks for picking up the March Newsletter, see you next month!

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# Dr. Gabriela Simon-Cereijido, Ph.D., CCC-SLP

## COMD PROFESSOR SPOTLIGHT

Please provide a brief background of your career, including any personal experiences and any areas of research. Also, please share what made you focus on Bilingualism and Multiculturalism:

As an adult college student studying Neuroscience and Behavior, I became interested in speech-language pathology. Initially, I was interested in physical therapy, but as I took neurobiology and psychology courses, my interest shifted toward speech-language pathology. My love for languages, fascination with my daughter's bilingualism, and my father's aphasia motivated me to pursue this field. Before finishing college, I worked for a female epidemiologist, who inspired me to continue studying. During my graduate SLP program, I realized the need for more research on bilingual speech-language pathology and typical and atypical bilingual language development.



What have you taken away or learned from your time as an SLP, Professor, and Researcher?

Through my experiences as an SLP, professor, and researcher, I learned the importance of listening and reflection. It's crucial to avoid rushing to opinions and to pay attention to clients, families, and students. It's also important to observe our own thoughts and emotions, be patient with discomfort, and strive for rational perspectives. Life becomes more interesting and fulfilling when we take the time to observe and think.

If you could spread awareness about one thing regarding communication disorders, what would it be?

I encourage families, students, and professionals to listen to and understand individuals with communication disorders. We should support multilingual and multicultural families without imposing our own perspectives.

CAL STATE LA'S

BLACK JOY

AWARDS



Our NSSLHA Advisor, two former DEI liaisons, and one of our current DEI liaisons were recognized and awarded for their outstanding contributions. Black Joy Awards honored Black identity, leadership, achievements, and the Black Experience at Cal State LA!



*Dr. Erica Ellis Ph.D., CCC-SLP  
Change Maker Award*



*Dominique McClain  
Leadership Award*



*Kaelyn Jefferson  
Black Joy Award*



*Kamelah Akil  
Academic Award*

# International Day of Multilingualism: March 27th



Being **multilingual** means the use of an additional language to your native language. There are many benefits to multilingualism.

**Cognitive Benefits** include executive functions such as task switching and attentional control. As well as increased intellectual flexibility.

**Educational benefits** include enhancing metalinguistic awareness, which supports students when learning languages in the future.

**Sociocultural Benefits** are enhancing connections to one's heritage, understanding other's cultures, and promoting stronger self-esteem.

(2020, August 5.). *Benefits of Multilingualism* [Infographic]. NCELA. <https://ncela.ed.gov/files/announcements/20200805-NCELAInfographic-508.pdf>

“Learning another language is not only learning different words for the same things, but learning another way to think about things.”  
–Flora Lewis





# BRAIN INJURY WORD SEARCH

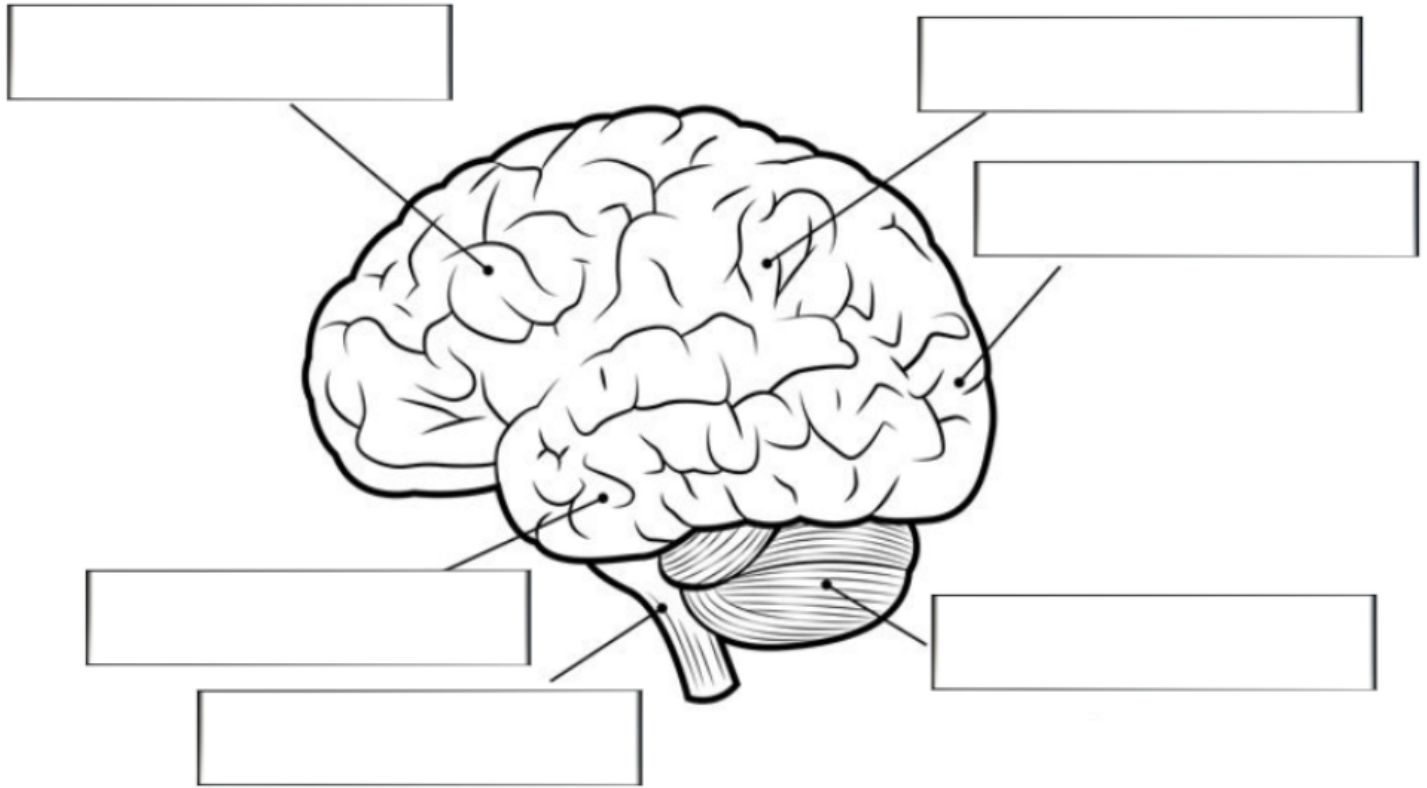
D G I N T R A C R A N I A L C S J H  
V O C A T I O N A L W P B A M L U I  
P O L Y D I P S I A W N R B U E Y P  
T N E U R O P S Y C H O L O G Y T P  
K G B O L W C E R E B E L L U M B O  
H Y P O T H A L A M U S B H N S I C  
C O N T R A C T U R E S K Q R H R A  
E T A N T E C E D E N T J B H L Y M  
D H M W P S Y C H O L O G I C A L P  
I U W C O N C U S S I O N O D H L U  
U D Q M T Q U E K O I S N U R K S S  
I X S D G N F S P A S T I C I T Y Y

## WORD BANK

NEUROPSYCHOLOGY  
PSYCHOLOGICAL  
INTRACRANIAL  
CONTRACTURES  
HYPOTHALAMUS  
HIPPOCAMPUS

SPASTICITY  
POLYDIPSIA  
VOCATIONAL  
CEREBELLUM  
CONCUSSION  
ANTECEDENT

# BRAIN COLOR & LABEL



## WORD BANK

FRONTAL LOBE  
PARIETAL LOBE  
TEMPORAL LOBE  
CEREBELLUM  
BRAINSTEM  
OCCIPITAL LOBE

# World Down Syndrome Day: March 21st



## What is Down syndrome?

Down syndrome is a condition where an individual has an extra chromosome. These chromosomes determine how genes are expressed and subsequently affect how the baby's body functions and grows. About 1/800 babies will be born with Down syndrome. Down syndrome causes varying degrees of intellectual disabilities or medical issues.

## What is World Down Syndrome Awareness Day? And why is March 21st important?

World Down Syndrome Awareness Day's purpose is to advocate for the inclusion, rights, and overall well-being of individuals with Down syndrome. This day has been officially observed by the United Nations since 2012. Because of the triplication of the 21st chromosome, which causes Down Syndrome, the 21st day of 3rd month was selected for this national awareness day .

About WDS. World Down Syndrome Day. (2023, March 1). Retrieved March 2, 2023, from <https://www.worlddownsyndromeday.org/about-wdsd>

## Types of Down syndrome:

Trisomy 21

Translocation  
Down syndrome

Mosaic Down  
syndrome



# Upcoming Events

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2023 . MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 <b>SLPA PANEL @ 7PM</b> WORLD HEARING DAY	4
5	6	7	8	9 <b>LINGUISTIC DIVERSITY SPEAKER SERIES @ 4PM</b>	10 COMD RESEARCH DAY	11
12	13	14	15	16	17	18 PCLA 5K
19	20 <b>DEI SAFE SPACES @ 6 PM</b> CSULA SLPA APPLICATIONS DUE	21 <b>SPEAK MEETING @ 7PM</b> WORLD DOWN SYNDROME DAY	22	23	24	25
26	27 INTERNATIONAL DAY OF MULTILINGUALISM	28	29	30 FIRST DAY OF CSHA CONVERGENCE 2023 ANAHEIM	31	



# NSSLHA Presents

## SLPA PANEL

Friday March 3rd at 7 PM

Come and join this amazing group of clinicians as they each share their experiences and journey in the COMD field



**Zoom info:**

**Meeting ID: 833 6666 1680**

**Password: SLPA2023**





# Linguistic Diversity Speaker Series

## Claribelle Sanchez, Au.D.

Supporting the Hearing Health Care Needs of the  
Spanish-Speaking Pediatric Population

### BIO

Dr. Sanchez is a bilingual pediatric audiologist at Dell Children's ENT in Austin, Texas. As an audiologist, she is responsible for the detection of hearing loss through a variety of diagnostic tests of children, from birth to eighteen years of age, as well as ensuring that their audiological needs are met after diagnosis and enrollment in educational services. Dr. Sanchez received her Bachelor of Science in Communication from the University of Texas at Austin and her Doctorate of Audiology from Northwestern University. She began her career at the John Tracy Center in Los Angeles where she enhanced her clinical skills in pediatrics and served as director of audiology for over 10 years. Dr. Sanchez has a strong passion for working with children and their families.



**Meeting ID:**

**863 7219 4077**

**Passcode:** LingDivers



**Thursday, March 9th**



**4:00-5:00 PM**



**FREE**  
REGISTRATION



# 5K RUN & WALK

JOIN PCLA

SATURDAY, MARCH 18

JOIN US IN OUR MISSION TO IMPROVE LIFE FOR FAMILIES LIVING WITH PARKINSON'S BY WALKING OR RUNNING THE LA BIG 5K

Follow these steps:

- Visit [pcla.org](http://pcla.org)
- Click "join 5-K!"
- Scroll down to step 2, click the link
- Complete the form and don't forget to join Parkinson's Community Los Angeles as your team

FOR MORE INFORMATION GO TO

[PCLA.org](http://PCLA.org)

DEI PRESENTS

# Safe Space Convos

**MONDAY, MARCH 20TH AT 6PM**

Come explore socially relevant topics and situations!

## **WHAT IS SAFE SPACES?**

An open forum for underrepresented students in the COMD department to share their experiences, receive support, and connect.

**MEETING ID: 873 1243 1051**

**PASSCODE: SAFESP8CES**





# S.P.E.A.K.

*Stuttering: People, Experiences, Awareness and Knowledge*

Are you a person who stutters? Do you know a person who stutters? Are you a fluent ally that wants to support those who stutter?

COME JOIN US

**Tuesday, March 21st**

**@ 7:00 p.m. via Zoom**

**Meeting ID: 485 634 9968**

2023

Follow us on Instagram

**@CSULA\_SPEAK**

# CSULA Bilingual Lab

## Adult Research Participants Needed

**PURPOSE:** Identify bilingual children at risk for language impairment based on audio clips

**TASK:** Listen to audio clips and use your judgement to identify response rates in bilingual children

Hi!

嗨

Hola!



**LOCATION:** CSULA Bilingual Lab  
(on campus - KHB109)

**TIME:** ~ 1 hour

### How do I participate?

Must be 18-40 years old

**Participants will receive:**  
\$10 Amazon gift card  
+ 10 NSSLHA points

Please contact Dr. Simon-Cereijido:  
[gsimonc@exchange.calstatela.edu](mailto:gsimonc@exchange.calstatela.edu)



Help with grad  
school  
application!!

# STUDENT ACADEMY OF AUDIOLOGY



NETWORKING,  
AUDIOLOGY  
CONFERENCES,  
INFORMATION ABOUT  
AUDIOLOGY



**STAY UP TO DATE:**

**@csula\_saa**

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# COMD Department

Presents orgs, clubs & groups



The purpose of the Cal State LA NSSLHA Chapter is to promote professional growth, to discuss current events and career possibilities pertaining to the field of Communication Disorders or related areas, to promote greater fellowship among all students pursuing careers in speech-language pathology and audiology, and to involve students in community events and activities related to the discipline.



@csula\_nsslha



Mentors are here to help you with any questions on any COMD courses. They are offering different times to accommodate your schedule.



@csula\_peermentoring



Are you a person who stutters? Do you know a person who stutters? Are you a fluent ally that wants to support those who stutter? Join Cal State LA's newest organization!



@speak\_csula



The mission of Cal State LA's SAA is to serve as a collective voice for students in our chapter and to advance the rights, interests, and welfare of students pursuing careers in Audiology.



@csula\_saa

**There's more... come and learn about Speak Out & Loud Crowd, Concussion Program, BiLab, Spanish for SLPs, Research & more**